

SURVIVOR PEER SERVICES

Vermont Psychiatric Survivors
Peer Support Groups

VPS Peer Support Groups are temporarily
suspended during the COVID-19 crisis.

VPS is a membership organization providing
peer support, outreach, advocacy and education
128 Merchants Row, Suite 606,
Rutland, VT 05701 802-775-6834
www.vermontpsychiatricsurvivors.org

Peer Support

WARM LINES

VERMONT SUPPORT LINE (STATEWIDE):
833-888-2557; 24 hours, 365 days
[833-VT-TALKS]
By call or text

PEER PLUS (STATEWIDE):
802-595-0588; 7 days/wk, 6-9 p.m.

MUTUAL SUPPORT NETWORK

THE HIVE: info@hivemutualsupport.org
www.hivemutualsupport.org
802-43-BUZZ-3 (802-432-8993)

CRISIS RESPITE

Alyssum, 802-767-6000; www.alyssum.org;
information@alyssum.org

VERMONT PSYCHIATRIC SURVIVORS OUT- REACH

AND PATIENT REPRESENTATIVES

(800) 475-4907
info@vermontpsychiatricsurvivors.org

HOSPITALIZATION ALTERNATIVE

Soteria House, information and online application at
www.pathwaysvermont.org/what-we-do/our-programs/soteria/ or call Pathways Vermont
Intake Line, 888-492-8212, ext. 140

Some Peer Centers and Recovery Centers may be
suspended during the COVID-19 crisis.
Call to check on reopening schedules.

Peer Centers & Employment Support

ANOTHER WAY, 125 Barre St, Montpelier, 802-229-0920; info@anotherwayvt.org; www.anotherwayvt.org; see website for events calendar.

PATHWAYS VERMONT COMMUNITY CENTER, 279 North Winooski Avenue, Burlington, 888-492-8218 ext 300; www.facebook.com/PathwaysVTCommunityCenter; www.pathwaysvermont.org/what-we-do/our-programs/pvcc

Vermont Recovery Centers

WWW.VTRECOVERYNETWORK.ORG

BARRE, Turning Point Center of Central Vermont, 489 N. Main St.; 479-7373; tpccvbarre@gmail.com

BENNINGTON, Turning Point Center, 465 Main St; 802-442-9700; turningpointbennington@comcast.net

BRATTLEBORO, Turning Point Center of Windham County, 39 Elm St.; 802-257-5600; tpwc.1@hotmail.com

BURLINGTON, Turning Point Center of Chittenden County, 191 Bank St, 2nd floor; 802-861-3150; www.turningpointcentertv.org or GaryD@turningpointcentertv.org

MIDDLEBURY, Turning Point Center of Addison County, 228 Maple St, Space 31B; 802-388-4249; tcavt@yahoo.com

MORRISVILLE, North Central Vermont Recovery Center, 275 Brooklyn St., 802-851-8120; recovery@ncvrc.com

RUTLAND, Turning Point Center, 141 State St; 802-773-6010; turningpointcenterrutland@yahoo.com

SPRINGFIELD, Turning Point Recovery Center of Springfield, 7 Morgan St., 802-885-4668; spfldturningpoint@gmail.com

ST. ALBANS, Turning Point of Franklin County, 182 Lake St; 802-782-8454; tpfcdirection@gmail.com

ST. JOHNSBURY, Kingdom Recovery Center, 297 Summer St; 802-751-8520; c.boyd@stjkr.org; j.keough@stjkr.org; www.kingdomrecoverycenter.com

WHITE RIVER JUNCTION, Upper Valley Turning Point, 200 Olcott Dr; 802-295-5206; secondwindfound.org; mhelijas@secondwindfound.org

NATIONAL SUICIDE PREVENTION LIFELINE

800-273-TALK (8255)
24/7 confidential support

Samaritans Hotline
877-870-HOPE (4673)

Vermont Federation of Families for Children's Mental Health

Statewide support for families of children, youth or young adults in transition who are experiencing or at risk to experience emotional, behavioral or mental health challenges. 800-639-6071, 802-876-7021

Pride Center of Vermont

LGBTQ Individuals with Disabilities Social and Support: Connections and support around coming out, socializing, employment challenges, safe sex, self-advocacy. During COVID restrictions, call (802) 860-7812

Brain Injury Association

Support Group locations on web: www.biavt.org; or email: support1@biavt.org; Toll Free Line: 877-856-1772

DBT Peer Group

Peer-run skills group. Sundays, 4 p.m.; 1 Mineral St, Springfield (The Whitcomb Building). tinyurl.com/PeerDBTVT

Trans Crisis Hotline

The Trans Lifeline (dedicated to the trans population) can be reached at 877-565-8860.

Crisis Text Line

Around-the-clock help via text: 741741 for a reply explaining the ground rules; message routed to a trained counselor.

LGBTQ Youth Crisis Hotline:

The Trevor Lifeline now at 866-488-7386. TrevorText - Available on Fridays (4-8 p.m.). Text the word "Trevor" to 1-202-304-1200. Standard text messaging rates.

NATIONAL ALLIANCE ON MENTAL ILLNESS-VT (NAMI-VT): 802-876-7949 x101, or 800-639-6480; 600 Blair Park Road, Suite 301, Williston, 05495; www.namivt.org; info@namivt.org

Connections Peer Support Groups

NAMI is providing its support groups by various alternative means during the pandemic. All meetings are facilitated by trained NAMI peers — individuals with mental health conditions who are at a good place in their recovery journey and want to help other peers get to a good place in their recovery.

For more specific information, including on a new Central Vermont group, go to namivt.org/support/peer-support-groups/

Please contact us if your organization's information changes:
counterpoint@vermontpsychiatricsurvivors.org



Counterpoint publishes this resource directory to allow readers to seek out choices for support. Counterpoint has not reviewed or evaluated the quality or biases of these resources, and makes no representation about their value for any individual.

Public Community Mental Health

COUNSELING SERVICE OF ADDISON COUNTY, 89 Main St., Middlebury, 05753; 802-388-6751

UNITED COUNSELING SERVICE OF BENNINGTON COUNTY, PO Box 588, Ledge Hill Dr., Bennington, 05201; 802-442-5491

CHITTENDEN COUNTY: HOWARD CENTER, 300 Flynn Ave., Burlington, 05401; 802-488-6200

FRANKLIN & GRAND ISLE: NORTHWESTERN COUNSELING AND SUPPORT SERVICES, 107 Fisher Pond Road, St. Albans, 05478; 802-524-6554

LAMOILLE COUNTY MENTAL HEALTH SERVICES, 72 Harrel Street, Morrisville, 05661; 802-888-5026

NORTHEAST KINGDOM HUMAN SERVICES, 181 Crawford Road, Derby; 802-334-6744; 800-696-4979, 2225 Portland St., St. Johnsbury; 802-748-3181; 800-649-0118

ORANGE COUNTY: CLARA MARTIN CENTER, 11 Main St., Randolph, 05060-0167; 802-728-4466

RUTLAND MENTAL HEALTH SERVICES, 78 So. Main St., Rutland, 05701; 802-775-2381

WASHINGTON COUNTY MENTAL HEALTH SERVICES, 9 Heaton St., Montpelier, 05601; 802-229-6328

WINDHAM AND WINDSOR COUNTIES: HEALTH CARE AND REHABILITATION SERVICES OF SOUTHEASTERN VERMONT, 390 River Street, Springfield, 05156; 886-4500; 51 Fairview St., Brattleboro, 05301, 802-254-6028; 49 School St., Hartford, 05047, 802-295-3031

24-Hour Crisis Lines: Involuntary Custody Screening

ADDISON COUNTY: Counseling Services of Addison County 802-388-7641

BENNINGTON COUNTY: United Counseling Service, 802-442-5491; (Manchester) 802-362-3950

CHITTENDEN COUNTY: Howard Center 802-488-7777

FRANKLIN AND GRAND ISLE COUNTIES: Northwestern Counseling and Support Services, 802-524-6554; 800-834-7793

LAMOILLE COUNTY: Lamoille County Mental Health, Weekdays 8 a.m.-4 p.m. 802-888-4914; Nights and weekends 802-888-4231

ESSEX, CALEDONIA AND ORLEANS: Northeast Kingdom Human Services 800-696-4979

ORANGE COUNTY: Clara Martin, 800-639-6360

RUTLAND: Mental Health Services, 802-775-1000

WASHINGTON COUNTY: Mental Health Services, 802-229-0591

WINDHAM, WINDSOR COUNTIES: Health Care and Rehabilitation Services, 800-622-4235

Veterans' Services

HOMELESS PROGRAM COORDINATOR: 802-742-3291

BRATTLEBORO: Morningside 802-257-0066

RUTLAND: Open Door Mission 802-775-5661; Transitional Residence: Dodge House, 802-775-6772

BURLINGTON: Waystation/Wilson 802-864-7402

FREE TRANSPORTATION: Disabled American Veterans: Toll Free: 1-866-687-8387 X5394

Homeless?

Vermont Veterans Services (VVS) program for homeless veterans with very low income, call 802-656-3232.



www.MakeTheConnection.net

Web site sponsored by The Department of Veterans Affairs with testimonials by veterans to help connect with the experiences of other veterans, and with information and resources to help transition from service, face health issues, or navigate daily life as a civilian.

Vermont Veterans Outreach

BENNINGTON AREA: 802-442-2980; cell: 802-310-5391

BERLIN AREA: 802-224-7108; cell: 802-399-6135

BRADFORD AREA: 802-222-4824; cell: 802-734-2282

COLCHESTER AREA: 802-338-3078; cell: 802-310-5743

ENOSBURG AREA: 802-933-2166; cell: 802-399-6068

JERICO AREA: 802-899-5291; cell: 802-310-0631

NEWPORT AREA: 802-338-4162; cell: 802-399-6250

RUTLAND AREA: 802-775-0195; cell: 802-310-5334

VERGENNES AREA: 802-877-2356; cell: 802-881-6680

WHITE RIVER AREA: 802-295-7921; cell: 802-881-6232

WILLISTON AREA: 802-879-1385; cell: 802-734-2123

OUTREACH TEAM LEADER: 802-338-3022; cell: 802-881-5057

TOLL-FREE HOTLINE (24/7) 1-888-607-8773

VA Mental Health Services

VA HOSPITAL: Toll Free 1-866-687-8387

MENTAL HEALTH CLINIC: Toll Free 1-866-687-8387 Ext 6132

OUTPATIENT CLINICS: Bennington: 802-447-6913; Brattleboro: 802-251-2200; Burlington Lakeside Clinic: 802-657-7000; Newport: 802-334-9777; Rutland: 802-772-2300

VET CENTERS: (Burlington) 802-862-1806; (White River Jnct) 802-295-2908